

**NAME OF THE MEDICAL PRODUCT**

Kaletra® 100/250 mg film-coated tablets  
Kaletra® 200/500 mg film-coated tablets

**PHARMACEUTICAL FORM**

Kaletra 100 mg/25 mg film-coated tablets: Film-coated tablet Pale yellow debossed with '25' and '907'.  
Kaletra 200 mg/50 mg film-coated tablets: Film-coated tablet Yellow embossed with '50' and '907'.

**CLINICAL PARTICULARS**

**Therapeutic Indications**

Kaletra is indicated in combination with other antiretroviral medicinal products for the treatment of human immunodeficiency virus (HIV-1) infected adults, adolescents and children above the age of 2 years.

The choice of Kaletra to treat protease inhibitor resistance HIV-1 infected patients should be based on individual viral resistance testing and treatment history of patients.

**Posology and method of administration**

Kaletra should be prescribed by physicians who are experienced in the treatment of HIV infection.

Kaletra tablets must be swallowed whole and not chewed, broken or crushed.

**Dosage**

Adult and adolescent use: The standard recommended dosage of Kaletra tablets is 400/100 mg (two 200/25 mg tablets) twice daily with or without food in adult patients, in cases where once daily dosing is considered necessary for the management of the patient. Kaletra tablets may be administered as 800/200 mg (four 200/50 mg tablets) once daily with or without food. The use of a once-daily dosing should be limited to those adult patients having only very low plasma HIV-1 RNA detectable mutations (i.e. less than 3 PI mutations in line with clinical trial results, see section 5.1 for the full description of the population) and should take into account the risk of a lesser sustainability of virologic suppression and higher risk of resistance compared to the recommended standard twice-daily dosing. An oral solution is available to patients who have difficulty swallowing. Refer to the Summary of Product Characteristics for Kaletra oral solution for dosing instructions.

Paediatric use (2 years of age and above): The adult dose of Kaletra tablets (400/100 mg twice daily) may be used in children 40 or greater or greater or equal to a Body Surface Area (BSA) greater than 1.4 m<sup>2</sup>. For children weighing less than 40 kg or with a BSA between 0.5 and 1.4 m<sup>2</sup> and able to swallow tablets, refer to the dosing guidelines table below. For children unable to swallow tablets, please refer to the Kaletra oral solution Summary of Product Characteristics. Kaletra based oral solution has not been evaluated in paediatric patients.

Before prescribing Kaletra 100/25 mg tablets, infants and young children should be assessed for the ability to swallow intact tablets. If a child is unable to reliably swallow a Kaletra tablet, Kaletra oral solution formulation should be prescribed.

The following table contains dosing guidelines for Kaletra 100/25 mg tablets based on BSA.

Paediatric dosing guidelines	
Body Surface Area (m <sup>2</sup> )	Recommended number of 100/25 mg tablets twice-daily
> 0.5 to < 0.9	2 tablets (200/50 mg)
> 0.9 to < 1.4	3 tablets (300/75 mg)
> 1.4	4 tablets (400/100 mg)

If more convenient for patients, the Kaletra 200/50 mg tablets may also be considered dosing in combination with the Kaletra 100/25 mg tablet to achieve the recommended dose.

\* Body surface area can be calculated with the following equation:

$$BSA (m^2) = \sqrt{\text{Height (cm)} \times \text{Weight (kg)} / 3600}$$

Children less than 2 years of age: The safety and efficacy of Kaletra in children aged less than 2 years has not been established, but no recommendation on the posology can be made.

**Concomitant Therapy: Efavirenz or nevirapine**

The following table contains dosing guidelines for Kaletra 100/25 mg tablets based on BSA when used in combination with efavirenz or nevirapine in children.

Paediatric dosing guidelines with concomitant therapy with efavirenz or nevirapine	
Body Surface Area (m <sup>2</sup> )	Recommended Kaletra/ritonavir dosing (mg) twice daily. The adult dosing may be achieved with the two available strengths of Kaletra tablets: 100/25 mg and 200/50 mg.*
> 0.5 to < 0.8	200/50 mg
> 0.8 to < 1.2	300/75 mg
> 1.2 to < 1.4	400/100 mg
> 1.4	500/125 mg

\* Kaletra tablets must not be chewed, broken or crushed.

Renal impairment: In HIV-infected patients with mild to moderate hepatic impairment, an increase of approximately 30% in lopinavir exposure has been observed but is not expected to be of clinical relevance. No data are available in patients with severe hepatic impairment. Kaletra must not be given to these patients.

Renal impairment: since the renal clearance of lopinavir and ritonavir is negligible, increased plasma concentrations are not expected in patients with renal impairment. Because lopinavir and ritonavir are highly protein bound, it is unlikely that they will be significantly removed by haemodialysis or peritoneal dialysis.

**Method of administration**

Kaletra tablets are administered orally and must be swallowed whole and not chewed, broken or crushed. Kaletra tablets can be taken with or without food.

**Contraindications**

Hypersensitivity to the active substances or to any of the excipients.

Severe hepatic insufficiency.

Kaletra contains lopinavir and ritonavir, both of which are inhibitors of the P450 isoenzyme CYP3A. Kaletra should not be co-administered with medicinal products that are highly dependent on CYP3A for clearance and/or which are associated with a narrow therapeutic window and/or life threatening events. These medicinal products include:

Medicinal product class	Medicinal products within class	Rationale
Concomitant medicinal product levels increased		
Alpha <sub>1</sub> -adrenoceptor antagonist	Alfuzosin	Increased plasma concentrations of alfuzosin which may lead to severe hypotension. The concomitant administration with alfuzosin is contraindicated (see section 4.3).
Antiarthemics	Antidotes	Increased plasma concentrations of antidotes. Thereby, increasing the risk of arthralgia or other serious adverse reactions.
Antibiotic	Fuicidic Acid	Increased plasma concentrations of fuicidic acid. The concomitant administration with fuicidic acid is contraindicated in dermatological infections. (see section 4.5).
Antihistamines	Asteroids, antihistamines, and beta-blockers	Increased plasma concentrations of steroids and beta-blockers. Thereby, increasing the risk of serious arrhythmias from these agents.
Antipsychotics/Neuroleptics	Pimozide	Increased plasma concentrations of pimozide. Thereby, increasing the risk of serious haematologic abnormalities, or other serious adverse effects from this agent.
	Quetiapine	Increased plasma concentrations of quetiapine which may lead to coma. The concomitant administration with quetiapine is contraindicated (see section 4.5).
Digt alkaloids	Dihydropyridines, ergonovine, ergotamine, methylergometrine	Increased plasma concentrations of ergot derivatives leading to ergot toxicity, including vasoconstriction and ischaemia.
GI motility agent	Cisapride	Increased plasma concentrations of cisapride. Thereby, increasing the risk of serious arrhythmias from this agent.
HMG Co-A Reductase Inhibitors	Lovastatin, simvastatin	Increased plasma concentrations of lovastatin and simvastatin; thereby, increasing the risk of myopathy including rhabdomyolysis (see section 4.5).
Phosphodiesterase (PDE5) inhibitors	Avanafil	Increased plasma concentrations of avanafil (see sections 4.4 and 4.5)
	Sildenafil	Contraindicated when used for the treatment of pulmonary arterial hypertension (PAH) only. Increased plasma concentrations of sildenafil; increasing the potential for sildenafil-related serious adverse events (which include hypotension and syncope). See section 4.4 and section 4.5 for co-administration of sildenafil in patients with specific dysfunction.
	Vardenafil	Increased plasma concentrations of vardenafil (see sections 4.4 and 4.5).
Sedatives/hypnotics	Oral midazolam, flunitrazepam	Increased plasma concentrations of oral midazolam and flunitrazepam. Thereby, increasing the risk of extreme sedation and respiratory depression from these agents. For caution or potentially increased midazolam, see section 4.5.
<b>Lopinavir/ritonavir medicinal product level decreased</b>		
Herbal products	St. John's wort	(Herbal preparations containing St. John's wort (Hypericum perforatum) due to the risk of decreased plasma concentrations and reduced clinical effects of lopinavir and ritonavir (see section 4.5).

**Special warnings and precautions for use**

**Patients with existing conditions**

Renal impairment: The safety and efficacy of Kaletra has not been established in patients with significant underlying liver disorders. Kaletra is contraindicated in patients with severe liver impairment. Patients with chronic liver disease should be monitored for liver impairment. If treatment has been discontinued, a causal relationship had been evoked, although the mechanism of action had not been elucidated. Haemophilic patients should therefore be made aware of the possibility of increased bleeding.

**Lipid elevations**

Treatment with Kaletra has resulted in increases, sometimes marked, in the concentration of total cholesterol and high-density lipoprotein (HDL) cholesterol. Testing should be performed prior to initiating Kaletra therapy and at periodic intervals during therapy. Particular caution should be paid to patients with high values at baseline and with laboratory lipid disorders. Lipid disorders are to be managed as clinically appropriate (see also section 4.5 for additional information on potential interactions with HMG-CoA reductase inhibitors).

**Diabetes**

Diabetes: Patients with advanced HIV disease may be at risk of elevated triglycerides and pancreatitis. Patients with elevated triglyceride levels may be at risk of vomiting, abdominal pain or abnormalities in laboratory values (such as increased serum lipase or amylase values) suggestive of pancreatitis should occur. Patients who exhibit these signs or symptoms should be evaluated and Kaletra therapy should be suspended if a diagnosis of pancreatitis is made.

**Hyperglycaemia**

Non-HIV: Severe melioidosis, hyperglycaemia or association of existing diabetes mellitus has been reported in patients receiving protease inhibitors. In some of these, the hyperglycaemia was severe and in some cases also associated with ketoacidosis. Many patients had confounding medical conditions some of which required therapy with agents that may be associated with the development of diabetes mellitus or hyperglycaemia.

**Drug interactions**

Concomitant antiretroviral therapy has been associated with redistribution of body fat (lipodystrophy) in HIV patients. The long-term consequences of these events are currently unknown. Knowledge about the mechanism of action of these events is limited. Various lipoproteins and protease inhibitors (PI) and lipodystrophy and nucleoside reverse transcriptase inhibitors (NRTIs) have been hypothesized. A high risk of lipodystrophy has been associated with the use of protease inhibitors (PI) and with combination factors such as longer duration of antiretroviral treatment and associated metabolic disturbances. Clinical examination should include evaluation for physical signs of fat redistribution. Consideration should be given to measurement of fasting serum lipids and blood glucose. Lipid disorders should be managed as clinically appropriate.

**Immunisation/Infection**

In HIV-infected patients with severe immune deficiency at the time of institution of combination antiretroviral therapy (CART), an inflammatory reaction to asymptomatic or residual opportunistic pathogens may arise and cause serious clinical conditions, or aggravation of symptoms. Typically, such reactions have been observed within the first few weeks or months of initiation of CART. Relevant examples are cytomegalovirus retinitis, generalised and/or focal mycobacterial infections, and Pneumocystis pneumonia. Any inflammatory symptoms should be evaluated and treated immediately when necessary.

**Autoimmune disorders (such as Graves' disease)**

Autoimmune disorders (such as Graves' disease) have also been reported to occur in the setting of immune reactivation; however, the reported time to onset is more variable and can occur many months after initiation of treatment.

**Other warnings**

Although the etiology is considered to be multifactorial (including corticosteroid use, alcohol consumption, severe immunosuppression, higher body mass index), cases of osteonecrosis have been reported particularly in patients with long-term use of protease inhibitors or long-term exposure to combination antiretroviral therapy (CART). Patients should be advised to seek medical advice if they experience joint aches and pain, joint stiffness or difficulty in moving.

**Drug interactions**

Lopinavir/ritonavir has been shown to cause modest asymptomatic prolongation of the PR interval in some healthy adult subjects. Prolongation of 2° or 3° degree atrioventricular block in patients with underlying structural heart disease may increase the risk of conduction system abnormalities or in patients receiving drugs known to prolong the PR interval (such as verapamil or diltiazem) have been reported in patients receiving lopinavir/ritonavir. Kaletra should be used with caution in such patients (see section 5.1).

**Interactions with medicinal products**

Kaletra contains lopinavir and ritonavir, both of which are inhibitors of the P450 isoenzyme CYP3A. Kaletra is likely to increase plasma concentrations of medicinal products that are primarily metabolised by CYP3A. The potential for increased plasma concentrations of co-administered medicinal products could increase or prolong their therapeutic effect and adverse events.

Concomitant administration with colchicine, notably in patients with renal or hepatic impairment, should be avoided.

The combination of Kaletra with:

- tadalafil, indicated for the treatment of pulmonary arterial hypertension, is not recommended;
- levocetivastatin in orotic-articular infections is not recommended;
- nifedipine is not recommended;
- norethisterone is not recommended.

The combination of Kaletra with atorvastatin is not recommended. If the use of atorvastatin is considered strictly necessary, the lowest possible dose of atorvastatin should be administered with careful monitoring. Concomitant use should also be exercised and reduced doses should be considered if Kaletra is used concurrently with rosuvastatin. If treatment with a HMG-CoA reductase inhibitor is indicated, pravastatin or fluvastatin is recommended.

PDE5 inhibitor: particular caution should be used when prescribing sildenafil or tadalafil for the treatment of erectile dysfunction in patients receiving Kaletra. Co-administration of medicinal products is expected to substantially increase the plasma concentrations and may result in associated adverse events such as hypotension, syncope, visual changes and prolonged erection. Concomitant use of avanafil or vardenafil for the treatment of erectile dysfunction is contraindicated. Concomitant use of sildenafil or tadalafil for the treatment of pulmonary arterial hypertension with Kaletra is contraindicated.

Particular caution must be used when prescribing benzodiazepines and quinolones known to induce QT interval prolongation such as: chlorfentanylamine, midazolam, erythromycin, clarithromycin, levofloxacin. Kaletra could increase concentrations of the co-administered medicinal products and this may result in an increase of their associated cardiac adverse reactions. Cardiac events have been reported with Kaletra in preclinical studies; therefore, the potential cardiac effects of Kaletra cannot be currently ruled out.

Co-administration of Kaletra with ritampirin is not recommended. Ritampirin combination with Kaletra causes large decreases in lopinavir concentrations which may in turn significantly decrease the lopinavir therapeutic effect. Adequate exposure to lopinavir/ritonavir may be achieved when a higher dose of Kaletra is used but this is associated with a higher risk of liver and gastrointestinal toxicity. Therefore, the co-administration should be avoided unless judged strictly necessary.

Concomitant use of Kaletra and folic acid or other glucocorticoids can be established by CYP3A4, such as budesonide, is not recommended unless the potential benefit outweighs the risk of systemic corticosteroid effects, including Cushing's syndrome and adrenal suppression.

**Warnings**

It is not a cure for HIV infection or AIDS. There is still a risk of passing HIV to others through sexual contact or contamination with blood when taking Kaletra. Appropriate precautions should be taken. People taking Kaletra may still develop infections or other illnesses associated with HIV disease and AIDS.

**Interaction with other medicinal products and other forms of interaction**

Kaletra contains lopinavir and ritonavir, both of which are inhibitors of the P450 isoenzyme CYP3A in vivo. Co-administration of Kaletra and medicinal products primarily metabolised by CYP3A may result in increased plasma concentrations of the other medicinal product, which could increase or prolong its therapeutic and adverse reactions. Kaletra does not interact with CYP2D6, CYP2C9, CYP2C19, CYP2E1, CYP3A4, CYP3A5, or CYP3A7 at clinically relevant concentrations (see section 4.3).

Kaletra has been shown in vivo to induce its own metabolism and to increase the biotransformation of some medicinal products metabolised by cytochrome P450 enzymes (including CYP2C9 and CYP2C19) and by glucuronidation. Such increases may result in lowered plasma concentrations and/or potential decreased efficacy of co-administered medicinal products.

Medicinal products that are eliminated specifically due to the expected magnitude of interaction and potential for serious adverse events are listed in section 4.3.

All interaction studies, when otherwise stated, were performed using Kaletra capsules, which gives an approximately 20% lower exposure of lopinavir than the 200/50 mg tablets.

Known and theoretical interactions with selected antiretrovirals and non-antiretroviral medicinal products are listed in the table below.

Interactions between Kaletra and co-administered medicinal products are listed in the table below (increase is indicated as "+", decrease as "-", no change as "n", once daily as "OD", twice daily as "BID", and three times daily as "TID").

Unless otherwise stated, studies detailed below have been performed with the recommended dosage of Kaletra/ritonavir (i.e. 400/100 mg twice daily).

Co-administered drug by therapeutic area	Effects on drug levels	Clinical recommendation concerning co-administration with Kaletra
<b>Generic Mean Change (%) in AUC, C<sub>max</sub>, C<sub>min</sub></b>		
<b>Mechanism of interaction</b>		
<b>Antiretroviral Agents</b>		
Nucleoside/Nucleotide reverse transcriptase inhibitors (NRTIs)		
Stavudine, Zalcitabine	Lopinavir: *** Ritonavir: ***	No dose adjustment necessary.
Abacavir, Zidovudine	Abacavir, Zidovudine: Concomitant and zidovudine concentrations are reduced due to increased glucuronidation by Kaletra.	The clinical significance of reduced concentrations and zidovudine concentrations is unknown.
Tenofovir, 300 mg QD	Tenofovir: AUC: + 30% C <sub>max</sub> : + 51% Lopinavir: ***	No dose adjustment necessary. Higher tenofovir concentrations could potentiate tenofovir-associated adverse events, including renal disorders.
Non-nucleoside reverse transcriptase inhibitors (NNRTIs)		
Efavirenz, 600 mg QD	Lopinavir: AUC: + 20% Ritonavir: + 13% C <sub>min</sub> : + 47%	The Kaletra tablets dosage should be increased to 500/125 mg twice daily when co-administered with efavirenz. Kaletra must not be administered once daily in combination with efavirenz.
Efavirenz, 600 mg QD (Lopinavir/ritonavir)	Lopinavir: *** Relative to 400/100 mg (BID)	
<b>Calcium channel blockers</b>		
Diltiazem, 180 mg QD	Lopinavir: AUC: + 20% Ritonavir: + 13% C <sub>min</sub> : + 47%	The Kaletra tablets dosage should be increased to 500/125 mg twice daily when co-administered with diltiazem. Kaletra must not be administered once daily in combination with diltiazem.
<b>Phosphodiesterase (PDE5) inhibitors</b>		
Avanafil (Kaletra 600 mg BID)	Avanafil: AUC: + 13-fold Due to CYP3A inhibition by lopinavir/ritonavir.	The use of avanafil with Kaletra is contraindicated (see section 4.4).
Sildenafil	Sildenafil: AUC: + 2.4-fold Due to CYP3A4 inhibition by lopinavir/ritonavir.	On the basis of pulmonary hypertension, the combination of Kaletra with sildenafil is contraindicated (see section 4.3). Co-administration of Kaletra with sildenafil is not recommended.
Sildenafil	Sildenafil: AUC: + 1.8-fold Due to CYP3A4 inhibition by lopinavir/ritonavir.	On the basis of pulmonary hypertension, particular caution must be used when prescribing sildenafil or tadalafil in patients receiving Kaletra with increased monitoring for adverse events including hypotension, syncope, visual changes and prolonged erection (see section 4.3).
Vardenafil	Vardenafil: AUC: + 4.9-fold Due to CYP3A4 inhibition by Kaletra.	When co-administered with Kaletra, vardenafil doses must not exceed 25 mg in 48 hours and tadalafil doses must not exceed 10 mg in 72 hours.
<b>Benzodiazepines</b>		
Midazolam	Oral Midazolam: AUC: + 13-fold Parenteral Midazolam: AUC: + 4-fold Due to CYP3A4 inhibition by Kaletra.	Kaletra must not be co-administered with oral midazolam (see section 4.3), whereas caution should be used when co-administered with parenteral midazolam. If Kaletra is co-administered with parenteral midazolam, the patient should be monitored for respiratory depression and/or prolonged sedation. Dosage adjustment for midazolam should be considered if clinical resistance and/or treatment failure. No dose adjustment is needed for Kaletra.
<b>Beta-adrenoceptor agonist (long acting)</b>		
Salmeterol	Salmeterol: Concentrations are expected to increase due to CYP3A4 inhibition by lopinavir/ritonavir.	The combination may result in increased plasma concentrations of salmeterol, including QT prolongation, palpitations and sinus tachycardia. Therefore, concomitant administration of Kaletra with salmeterol is not recommended (see section 4.4).
<b>Calcium channel blockers</b>		
Nifedipine, Nifedipine, and Nisidipine	Felodipine, Nifedipine, Nisidipine: Concentrations may be increased due to CYP3A4 inhibition by Kaletra.	Clinical monitoring of therapeutic and adverse effects is recommended when these medicinal products are administered with Kaletra.
<b>Corticosteroids</b>		
Dexamethasone	Lopinavir: Plasma concentrations may be decreased due to CYP3A4 induction by dexamethasone.	Clinical monitoring of antiviral efficacy is recommended when these medicines are concomitantly administered with Kaletra.
Fluticasone propionate, 50 µg inhaled 4 times daily (100 mg ritonavir BID)	Fluticasone propionate: Plasma concentrations + Cortisol levels + 86%	Greater effects may be expected when fluticasone propionate is inhaled. Systemic corticosteroid effects including Cushing's syndrome and adrenal suppression have been reported in patients receiving ritonavir and/or intravenously administered fluticasone propionate; the could also occur with other corticosteroids metabolised via the P450 3A pathway (e.g. budesonide). Consequently, concomitant administration of Kaletra and these glucocorticoids is not recommended unless the potential benefit of treatment outweighs the risk of systemic corticosteroid effects (see section 4.3). A dose reduction of the glucocorticoid should be considered with close monitoring of local and systemic effects or a switch to a glucocorticoid which is not a substrate for CYP3A4 (e.g. budesonide). Moreover, in case of withdrawal of glucocorticoids prolonged action may have to be performed over a longer period.

Nevirapine, 200 mg BID	Lopinavir: AUC: + 2.2% C <sub>min</sub> : + 19% C <sub>max</sub> : + 51%	The Kaletra tablets dosage should be increased to 500/125 mg twice daily when co-administered with nevirapine. Kaletra must not be administered once daily in combination with nevirapine.
<b>HIV CCR5 – antagonist</b>		
Maraviroc	Maraviroc: AUC: + 260% C <sub>min</sub> : + 97% Due to CYP3A4 inhibition by lopinavir/ritonavir.	The dose of maraviroc should be decreased to 150 mg twice daily during co-administration with Kaletra. Kaletra 400/100 mg twice daily.
<b>Integrase inhibitor</b>		
Raltegravir	Raltegravir: AUC: *** C <sub>min</sub> : + 30% Lopinavir: ***	No dose adjustment necessary.
<b>Co-administration with other HIV protease inhibitors (PI)</b> <p>According to current treatment guidelines, dual therapy with protease inhibitors is generally not recommended.</p>		
Fosamprenavir/ritonavir (700/100 mg BID)	Fosamprenavir: Appropriate concentrations are significantly reduced.	Co-administration of increased doses of fosamprenavir (500/133 mg BID) to protease inhibitor-experienced patients is expected to result in higher incidence of gastro-intestinal adverse events and elevations in triglycerides with the combination regimen without increases in virological efficacy when compared with standard doses of fosamprenavir/ritonavir. Concomitant administration of these medicinal products is not recommended. Kaletra must not be administered once daily in combination with amprenavir.
Eloprevir/ritonavir 400/100 mg QD or Fosamprenavir (1400 mg BID) (Lopinavir/ritonavir 500/100 mg BID)	Eloprevir: AUC: + 55% C <sub>min</sub> : + 70% C <sub>max</sub> : + 47%	
Indinavir, 600 mg BID	Indinavir: AUC: *** C <sub>min</sub> : + 3.5-fold C <sub>max</sub> : + (relative to indinavir 800 mg BID alone) Lopinavir: *** (relative to historical comparator)	The appropriate doses for this combination, with respect to efficacy and safety, have not been established.
Nelfinavir	Lopinavir: Concentrations +	The appropriate doses for this combination, with respect to efficacy and safety, have not been established. Kaletra must not be administered once daily in combination with nelfinavir.
Saqaviin/ritonavir (300/100 mg BID)	Saqaviin: *** Lopinavir: AUC: + 55% C <sub>min</sub> : + 70% C <sub>max</sub> : + 47%	No dose adjustment necessary. Concomitant administration of these medicinal products is not recommended.
<b>Acid reducing agents</b>		
Omeprazole (40 mg QD)	Omeprazole: *** Lopinavir: ***	No dose adjustment necessary.
Ranitidine (150 mg single dose)	Ranitidine: ***	No dose adjustment necessary.
<b>Alpha<sub>1</sub> adrenoceptor antagonist</b>		
Alfuzosin	Alfuzosin: Due to CYP3A4 inhibition by lopinavir/ritonavir, concentrations of alfuzosin are expected to increase.	Concomitant administration of Kaletra and alfuzosin is contraindicated (see section 4.3) as alfuzosin-related toxicity, including hypotension, may be expected to increase.
<b>Analgesics</b>		
Fentanyl	Fentanyl: Increased risk of side-effects (respiratory depression, sedation) due to higher plasma concentrations because of CYP3A4 inhibition by Kaletra.	Careful monitoring of adverse effects including respiratory depression but also sedation is recommended when fentanyl is concomitantly administered with Kaletra.
<b>Antiarthemics</b> <p>Digoxin</p>	Digoxin: Plasma concentrations may be increased due to P-glycoprotein inhibition by Kaletra. The increased digoxin level may lessen over time as P-gp induction develops.	Caution is warranted and therapeutic drug monitoring of digoxin is recommended if available. It is recommended in case of co-administration of Kaletra and digoxin. Particular caution should be exercised when prescribing Kaletra in patients taking Digoxin as the acute inhibitory effect of ritonavir on P-gp is expected to significantly increase digoxin levels. Inhibitor of digoxin: In patients already taking Kaletra is likely to result in lower than expected increases of digoxin concentrations.
<b>Depressants, Systemic Local Anaesthetics, and Opioids</b>	Depressants, Systemic Local Anaesthetics, and Opioids: Concentrations may be increased when co-administered with Kaletra.	Caution is warranted and therapeutic drug monitoring when available is recommended when these medicinal products are co-administered with Kaletra.
<b>Antibiotics</b>		
Clarithromycin	Clarithromycin: Moderate increase in clarithromycin AUC as expected due to CYP3A4 inhibition by Kaletra.	For patients with renal impairment (CrCl < 30 ml/min) dose reduction of clarithromycin should be considered (see section 4.4). Caution should be exercised in administering clarithromycin with Kaletra to patients with impaired hepatic or renal function.
<b>Anticancer agents</b>		
Most tyrosine kinase inhibitors such as dasatinib and nilotinib, imatinib, crizotinib, Vintoreline	Most tyrosine kinase inhibitors such as dasatinib and nilotinib, imatinib, crizotinib, Vintoreline	Careful monitoring of the tolerance of these anticancer agents.
<b>Warfarin</b>	Warfarin: Concentrations may be affected when co-administered with Kaletra due to CYP2C9 induction.	It is recommended that INR (international normalized ratio) be monitored.
Rivastigmine (Ritonavir 600 mg twice daily)	Rivastigmine: AUC: + 103% C <sub>min</sub> : + 25% Due to CYP3A4 and P-gp inhibition by lopinavir/ritonavir.	Co-administration of rivastigmine and Kaletra may increase rivastigmine exposure which may increase the risk of adverse events. The use of rivastigmine is not recommended in patients receiving concomitant treatment with Kaletra (see section 4.5).
<b>Anticoagulants</b>		
Phenytoin	Phenytoin: Steady-state concentrations were moderately decreased due to CYP2C9 and CYP2C19 inhibition by Kaletra. Lopinavir: Concentrations are decreased due to CYP3A4 induction by phenytoin.	Caution should be exercised in administering phenytoin with Kaletra. Phenytoin levels should be monitored when co-administering with lopinavir/ritonavir. When co-administered with phenytoin, an increase of Kaletra dosage may be envisaged. Dose adjustment has not been evaluated in clinical practice. Kaletra must not be administered once daily in combination with phenytoin.
<b>Cardiovascular and Phenobarbital</b>	Cardiovascular: Serum concentrations may be increased due to CYP3A4 inhibition by Kaletra. Lopinavir: Concentrations may be decreased due to CYP3A4 induction by carbamazepine and phenobarbital.	Caution should be exercised in administering carbamazepine or phenobarbital with Kaletra. Carbamazepine and phenobarbital levels should be monitored when co-administering with lopinavir/ritonavir. When co-administered with carbamazepine, an increase of Kaletra dosage may be envisaged. Dose adjustment has not been evaluated in clinical practice. Kaletra must not be administered once daily in combination with carbamazepine and phenobarbital.
Lamotrigine and Valproic acid	Lamotrigine: AUC: + 30% C <sub>min</sub> : + 40% C <sub>max</sub> : + 56%  Due to induction of lamotrigine glucuronidation  Valproic acid: +	Patients should be monitored closely for a decreased VRA effect when Kaletra and valproic acid or valproate are given concomitantly.  In patients taking oral or intravenous Kaletra, lamotrigine may need to be increased if Kaletra is added, or decreased if Kaletra is discontinued; therefore if Kaletra is discontinued, a decreased lamotrigine monitoring should be conducted, particularly before and during 2 weeks after starting or stopping Kaletra, in order to use if lamotrigine dose adjustment is required. Lamotrigine should be used with caution in patients with renal or hepatic impairment (see section 4.4).

<b>HCV Protease Inhibitors</b>		
<b>Boceprevir 800 mg three times daily</b>	Boceprevir: AUC <sub>0-24</sub> + 47% C <sub>0-24</sub> + 25% C <sub>0-12</sub> + 43% Lopinavir: AUC <sub>0-24</sub> + 54% C <sub>0-24</sub> + 30% C <sub>0-12</sub> + 43% Lopinavir =	It is not recommended to co-administer Kaletra and boceprevir.
<b>Telaprevir 750 mg three times daily</b>	Telaprevir: AUC <sub>0-24</sub> + 54% C <sub>0-24</sub> + 23% C <sub>0-12</sub> + 26% Lopinavir =	It is not recommended to co-administer Kaletra and telaprevir.
<b>Herbal products</b>		
<b>St. John's wort (Hypericum perforatum)</b>	Lopinavir: Concentration may be reduced due to induction of CYP3A4 by the herbal preparation St. John's wort.	Herbal preparations containing St. John's wort must not be combined with lopinavir and ritonavir. If a patient is already taking St. John's wort, stop St. John's wort and if possible check vital levels. Lopinavir and ritonavir levels may increase on stopping St. John's wort. The dose of Kaletra may need adjusting. An inducing effect may persist for at least 2 weeks after cessation of treatment with St. John's wort (see section 4.3). Therefore, Kaletra can be started safely after other cases of St. John's wort.
<b>Immunosuppressants</b>		
<b>Cyclosporin, Sirolimus (rapamycin), Tacrolimus</b>	Cyclosporin, Sirolimus (rapamycin), Tacrolimus: Concentrations may be increased due to CYP3A4 inhibition by Kaletra.	Must frequent therapeutic concentration monitoring is recommended until plasma levels of these products have been established.
<b>Lipid lowering agents</b>		
<b>Lovastatin and Simvastatin</b>	Lovastatin, Simvastatin: May increase plasma concentrations due to CYP3A4 inhibition by Kaletra.	Since increased concentrations of HMG-CoA reductase inhibitors may cause myopathy or rhabdomyolysis, the combination of these agents with Kaletra is contraindicated (see section 4.3).
<b>Atorvastatin</b>	Atorvastatin: AUC <sub>0-24</sub> + 5.9-fold C <sub>0-24</sub> + 4.7-fold Due to CYP3A4 inhibition by Kaletra.	The combination of Kaletra with atorvastatin is not recommended. If the use of atorvastatin is considered strictly necessary, the lowest possible dose of atorvastatin should be administered with careful safety monitoring (see section 4.4).
<b>Rosuvastatin, 20 mg QD</b>	Rosuvastatin: AUC <sub>0-24</sub> + 2-fold C <sub>0-24</sub> + 1.5-fold Rosuvastatin is poorly metabolized by CYP3A4, an increase in plasma concentrations was observed. The mechanism of this interaction may result from inhibition of transport proteins.	Caution should be exercised and reduced doses should be considered when Kaletra is co-administered with rosuvastatin (see section 4.4).
<b>Fluoxetine or Paroxetine</b>	Fluoxetine, Paroxetine: No clinical relevant interaction expected. Fluoxetine is not affected by CYP3A4. Paroxetine is partially metabolized by CYP3A4.	If treatment with an HMG-CoA reductase inhibitor is indicated, lovastatin or pravastatin is recommended.
<b>Opoids</b>		
<b>Buprenorphine, 16</b>	Buprenorphine: =	No dose adjustment necessary.
<b>Methadone</b>	Methadone: =	Monitoring plasma concentrations of methadone is recommended.
<b>Oral Contraceptives</b>		
<b>Ethinyl Oestradiol</b>	Ethinyl Oestradiol: †	In case of co-administration of Kaletra with contraceptives containing ethinyl oestradiol (whatever the contraceptive formulation e.g. oral or patch), additional methods of contraception should be used.
<b>Smoking cessation aids</b>		
<b>Bupropion</b>	Bupropion and its racemate bupropion: AUC and C <sub>0-24</sub> + 50% This effect may be due to induction of bupropion metabolism by CYP2D6.	If the co-administration of lopinavir/ritonavir with bupropion is unavoidable, this should be done under close clinical monitoring for bupropion efficacy, without exceeding the common therapeutic dose, despite the observed induction.
<b>Uroselecting agents</b>		
<b>Boceprevir</b>	Lopinavir + ritonavir: Lopinavir/ritonavir plasma concentration may decrease due to CYP3A4 induction by boceprevir. Boceprevir: AUC <sub>0-24</sub> + 5-fold C <sub>0-24</sub> + 1.5-fold Due to CYP3A4 inhibition by lopinavir/ritonavir.	Caution should be exercised in administering Kaletra with boceprevir. When Kaletra is administered concurrently with boceprevir, the efficacy of the HIV therapy should be monitored and patients should be closely observed for adverse events, especially during the first week of co-administration.
<b>Other medicinal products</b>		
Based on known metabolic profiles, clinically significant interactions are not expected between Kaletra and dapsone, trimethoprim/sulfamethoxazole, azithromycin or fusidic acid.		

**Fertility, pregnancy and lactation**

**Contraception:** As a general rule, when deciding to use antiretroviral agents for the treatment of HIV infection and/or to prevent HIV infection, the risk of HIV vertical transmission to the newborn, the animal data as well as the clinical experience in pregnant women should be taken into account in order to characterise the safety for the foetus.

There are no adequate and well-controlled studies of Kaletra in pregnant women. In placebo-controlled studies in the Antiretroviral Pregnancy Registry, established since January 1986, an increased risk of birth defects exposed to Kaletra has not been reported among over 600 women exposed during the first trimester. The prevalence of birth defects after any trimester exposure to lopinavir is comparable to the prevalence of birth defects in the general population. Both diarrhoea and nausea are common side effects seen. Studies in animals have shown reproductive toxicity (see section 5.3). Based on the limited data mentioned, the malformative risk is unlikely in humans.

**Lactation:** AUC<sub>0-24</sub> in breast milk is expected to be low. It is not known whether the active product is excreted in human milk. As a general rule, it is recommended that mothers infected by HIV do not breastfeed their babies under any circumstances in order to avoid transmission of HIV.

**Fertility:** Animal studies have shown no effects on fertility. No human data on the effect of lopinavir/ritonavir on fertility are available.

**Effects on ability to drive and use machines:** No studies have been performed. Patients should be informed that nausea has been reported during treatment with Kaletra (see section 4.8).

**Undesirable effects**

**3. Undesirable effects in clinical studies**

The safety of Kaletra has been investigated in over 2000 patients in Phase I-IV clinical studies. The most common adverse reactions reported in Phase I-IV clinical studies are listed in Table 1. Kaletra was used in combination with zalcitabine or zalcitabine/ didanosine.

The most common adverse reactions related to Kaletra therapy during clinical trials were diarrhoea, nausea, vomiting, hypertriglyceridaemia and hypercholesterolaemia. The risk of diarrhoea may be greater with once daily dosing of Kaletra. Diarrhoea, nausea and vomiting may occur at the beginning of the treatment while hypertriglyceridaemia and hypercholesterolaemia may occur later. Treatment emergent adverse events led to premature study discontinuation for 7% of subjects from Phase I-IV studies.

It is important to note that cases of pancreatitis have been reported in patients receiving Kaletra in combination with zalcitabine. The incidence of pancreatitis was higher in patients in the PR interval than in patients in the R interval (see section 4.4).

Adverse reactions from clinical trial and post-marketing experience in adult and paediatric patients:

The following events have been identified as adverse reactions. The frequency category includes all reported events of moderate to severe intensity, regardless of the individual causality assessment. The adverse reactions are displayed by system organ class. Within each frequency category, undesirable effects are presented in order of decreasing seriousness: very common (≥ 1/10), common (≥ 1/10 to < 1/10), uncommon (≥ 1/100 to < 1/100) and not known (cannot be estimated from the available data).

Events noted as having frequency "Not known" were identified via post-marketing surveillance.

System organ class	Frequency	Adverse reaction
Infections and infestations	Very common Common	Upper respiratory tract infection Lower respiratory tract infection, skin infections including cellulitis, folliculitis and furuncles
Blood and lymphatic system disorders	Common	Anemia, leucopenia, neutropenia, lymphocytopenia
Immune system disorders	Common Uncommon	Hypersensitivity including urticaria and angioedema Immune reactivation syndrome
Endocrine disorders	Uncommon	Hypoparathyroidism
Metabolism and nutrition disorders	Common Uncommon	High glucose disorders including diabetes mellitus, hyperglycaemia, hypoglycaemia, lactic acidosis, weight decreased, decreased appetite Weight increased, increased appetite
Psychiatric disorders	Common	Anxiety
Nervous system disorders	Common Uncommon	Headache, dizziness, libido decreased Abnormal/increased migraine, neuropathy (including peripheral neuropathy), insomnia
Eye disorders	Uncommon	Cerebrovascular accident, conjunctivitis, dry eye, asthenia, blurred vision
Ear and labyrinth disorders	Uncommon	Tinnitus, vertigo
Cardiac disorders	Uncommon	Atherosclerosis such as myocardial infarction, atherosclerotic block, tricuspid valve incompetence
Vascular disorders	Common Uncommon	Hypertension Deep vein thrombosis
Gastrointestinal disorders	Very common Common Uncommon	Diarrhoea, nausea Perioral, vomiting, gastroesophageal reflux disease, gastroenteritis and colitis, abdominal pain (upper and lower), abdominal pain, dyspepsia, haemorrhoid, flatulence, constipation, dry mouth
Hepatobiliary disorders	Common Uncommon Not known	Hepatitis including ALT, ALT and GGT increase Hepatic steatosis, hepatomegaly, cholestasis, hyperbilirubinemia, hypercholesterolemia, jaundice
Skin and subcutaneous tissue disorders	Common Uncommon Not known	Lipodystrophy acquired including facial wasting, rash including maculopapular rash, dermatitis/trunk including eczema and seborrheic dermatitis, night sweats, pruritus Alopecia, capillary vasculitis Stevens-Johnson syndrome, syphilis, molluscum
Musculoskeletal and connective tissue disorders	Common	Myalgia, musculoskeletal pain including arthralgia and back pain, muscle disorders (such as weakness and spasms)
Renal and urinary disorders	Uncommon	Renal dysfunction, osteopenia/osteoporosis
Reproductive system and breast disorders	Common	Endic dysfunction, menstrual disorders, amenorrhoea, menorrhagia
General disorders and administration site conditions	Common	Fatigue including asthenia

\* See section 4.4: pancreatitis and lipids

**3. Description of selected adverse reactions**

**Cushing's syndrome:** has been reported in patients receiving ritonavir and inhaled or intranasally administered fluticasone propionate. It could also occur with other corticosteroids metabolized via the P450 3A pathway, e.g. budesonide (see section 4.4 and 4.5).

**Increased creatine phosphokinase (CPK), myalgia, myositis, and rhabdomyolysis:** have been reported with protease inhibitors, particularly in combination with nucleoside reverse transcriptase inhibitors.

**Combination antiretroviral therapy:** has been associated with redistribution of body fat (lipodystrophy) in HIV patients including the loss of peripheral and facial subcutaneous fat, increased intra-abdominal and visceral fat, breast hypertrophy and dorsocervical fat accumulation (buffalo hump).

**Combination antiretroviral therapy:** has been associated with metabolic abnormalities such as hypertriglyceridaemia, hypercholesterolaemia, insulin resistance, hyperglycaemia and hyperlactataemia (see section 4.4).

In HIV-infected patients with severe immune deficiency at the time of initiation of combination antiretroviral therapy (ART), an inflammatory reaction to lymphocytopenia or reactivation opportunistic infections may arise. Autoimmune disorders (such as Graves' disease) have also been reported; however, the reported time to onset is more variable and can occur many months after initiation of treatment (see section 4.4).

Cases of osteonecrosis have been reported, particularly in patients with generally acknowledged risk factors, advanced HIV disease or long-term exposure to combination antiretroviral therapy (ART). The frequency of this is unknown (see section 4.4).

**4. Pharmacokinetics**

In children 2 years of age and older, the nature of the safety profile is similar to that seen in adults (see Table in section 5).

**Description of suspected adverse reactions**

Reporting suspected adverse reactions after authorization of the medicinal product is important. It allows continued monitoring of the benefit-risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the Local Authority website.

**Overdose**

There is no specific antidote for overdose with Kaletra. Treatment of overdose with Kaletra is to consist of general supportive measures including monitoring of vital signs and observation of the clinical status of the patient. If needed, administration of unabsorbed active substance is to be achieved by emesis or gastric lavage. Administration of activated charcoal may also be used in removal of unabsorbed active substance. Since Kaletra is highly protein bound, dialysis is unlikely to be beneficial in significant removal of the active substance.

**PHARMACOLOGICAL PROPERTIES**

**Pharmacodynamic properties**

**Pharmacokinetics:** Pharmacokinetics for systemic use, antivirals for treatment of HIV infections, combination, ATRC code: J05AR10

**Mechanism of action:** Lopinavir provides the antiviral activity of Kaletra. Lopinavir is an inhibitor of the HIV-1 and HIV-2 proteases. Inhibition of HIV protease prevents cleavage of the gag-pol polyprotein resulting in the production of immature, non-infectious virus.

**Effect on the electrocardiogram:** QTcF interval was evaluated in a randomized, placebo- and active (ritonavir/400 mg once daily) controlled crossover study in 36 healthy subjects. The mean increase in QTcF was 12.3 ms (95% CI: 10.5 to 14.1 ms) for the 400/100 mg twice daily and 12.4 ms (95% CI: 10.6 to 14.2 ms) for the 300/75 mg twice daily and 13.1 ms (95% CI: 11.3 to 14.9 ms) for the 200/50 mg twice daily. The maximum mean QTcF increase was 17.0 ms (95% CI: 15.2 to 18.8 ms) for the 400/100 mg twice daily. The maximum mean QTcF increase was 17.0 ms (95% CI: 15.2 to 18.8 ms) for the 400/100 mg twice daily. The maximum mean QTcF increase was 17.0 ms (95% CI: 15.2 to 18.8 ms) for the 400/100 mg twice daily.

**Antiviral activity studies:** The in vitro antiviral activity of lopinavir against laboratory and clinical HIV strains was evaluated in acutely infected lymphoblastic cell lines and peripheral blood mononuclear cells, respectively. In the absence of human serum, the mean IC<sub>50</sub> of lopinavir was 0.12 nM and 0.15 nM, respectively. In the presence of human serum, the mean IC<sub>50</sub> of lopinavir was 17 nM and 15 nM, respectively. In the absence of human serum, the mean IC<sub>50</sub> of lopinavir was 0.12 nM against several HIV-1 clinical isolates.

**Effect on resistance:** HIV-1 isolates with reduced susceptibility to lopinavir have been selected in vitro. HIV-1 isolates with reduced susceptibility to lopinavir were selected in vivo in patients receiving combination therapy representing the range of plasma concentration levels observed during Kaletra therapy. Genetic and phenotypic analysis of viruses selected in these passages suggest that the presence of ritonavir, at these concentration ratios, does not measurably influence the antiviral activity of lopinavir. However, the in vivo data suggest that the presence of ritonavir, at these concentration ratios, does not measurably influence the antiviral activity of lopinavir. However, the in vivo data suggest that the presence of ritonavir, at these concentration ratios, does not measurably influence the antiviral activity of lopinavir. However, the in vivo data suggest that the presence of ritonavir, at these concentration ratios, does not measurably influence the antiviral activity of lopinavir.

**Analysis of resistance in HIV-1 naive patients:** In clinical studies with a limited number of isolates analyzed, the selection of resistance to lopinavir has not been observed in naive patients without significant protease inhibitor resistance (see section 4.4) during the clinical description of the prior studies.

**Analysis of resistance in HIV-1 experienced patients:** The analysis of resistance in HIV-1 experienced patients receiving lopinavir in patients having failed prior protease inhibitor therapy was characterized by analyzing the longitudinal selection of HIV-1 protease inhibitor-experienced subjects in 2 Phase I and one Phase III studies who either experienced resistance to lopinavir or did not. In the Phase I studies, the mean increase in viral load was 0.5 log copies/mL in patients who demonstrated incremental in vitro resistance between baseline and rebound (defined as emergence of new mutations or 2-fold change in phenotypic susceptibility to lopinavir). Incremental resistance was most common in subjects whose baseline resistance to lopinavir was moderate to high. 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